Via ECFS

Marlene H. Dortch
Secretary
Federal Communications Commission
45 L Street NE
Washington, DC 20554

Re:  State of Competition in the Communications Marketplace, GN Docket No. 24-119

Dear Ms. Dortch:

Broadband connectivity is an indispensable resource for communities across the country, and it holds particular significance for marginalized communities, including lesbian, gay, bisexual, transgender, queer, and questioning (“LGBTQ+”) individuals. Broadband connectivity offers a fundamental resource for community members to connect, express themselves, and access critical educational, healthcare, and employment services. As a leading voice for the LGBTQ+ community, LGBT Technology Partnership & Institute (“LGBT Tech”) appreciates the opportunity to offer comments to the Federal Communications Commission (“FCC”) in this proceeding regarding the state of the communications marketplace and how broadband access can serve as a vital lifeline for historically marginalized persons such as those within the LGBTQ+ community.1 As further described below, LGBT Tech is pleased to submit groundbreaking new research to the docket on the online experiences of LGBTQ+ individuals.

LGBT Tech is one of the nation’s premier organizations working to bridge the technology gap for LGBTQ+ individuals. Through our partnerships with tech companies, non-profit groups, policy makers, scholars, and innovators, we are working to increase inclusion, ensure safety, and empower entrepreneurship for LGBTQ+ communities around technology. LGBT Tech works with individuals and communities and engages in research, education, volunteerism, and partnerships to provide cutting-edge technology and resources to improve the lives of LGBTQ+ individuals, especially those who are disadvantaged, to improve access, increase inclusion, and ensure marginalized communities have equitable access and opportunities. LGBT Tech is also proud to have served on three FCC advisory committees, lending its unique perspective to issues associated with broadband deployment, diversity and digital empowerment, and consumer issues.

In furtherance of its mission, LGBT Tech released a comprehensive survey in collaboration with Data for Progress titled “ctrl+alt+lgbt: Digital Access, Usage, and Experiences of the LGBTQ+ Community.”2


2 See generally ctrl+alt+lgbt: Digital Access, Usage, and Experiences of the LGBTQ+ Community, LGBT TECH May 2024, https://www.lgbttech.org/_files/ugd/d77b01_0f4f1eba3cdf4c7da07844b443c07bdf.pdf (“Report”) (attached to this filing).
The Report synthesizes research into the digital access, usage patterns, and online experiences of LGBTQ+ adults across the United States and highlights how equal access to reliable broadband connectivity for LGBTQ+ individuals is essential to fostering equity and inclusion. While there are several publicly available studies touching on various aspects of LGBTQ+ life, the Report is the first of its kind to take a comprehensive look across the digital landscape, and the positive and negative experiences members of the LGBTQ+ community have within it. LGBT Tech highlights some key findings of the Report below.

Like all Americans, LGBTQ+ adults depend on broadband connectivity. As society increasingly relies on digital platforms for critical aspects of life, technology plays a pivotal role for LGBTQ+ individuals specifically by providing the means to: connect with supportive communities; freely and safely understand and express their identities; ensure access to critical healthcare information, services, and LGBTQ+-friendly healthcare providers; and support overall education and economic stability. LGBT Tech estimates that there are an estimated 20.2 million LGBTQ+ adults in America—larger than the populations of 47 of the 50 states. The vast majority (96 percent) of LGBTQ+ adults use the internet every day, which is consistent with U.S. adults overall. Internet reliance is consistent across all demographic breakdowns, including transgender adults, younger LGBTQ+ adults (i.e., those aged 18-24), and those with multiple marginalizations (e.g., Black LGBTQ+ adults and Latine LGBTQ+ adults).

The vast majority of LGBTQ+ households subscribe to an internet service provider. Some 89 percent of LGBTQ+ adults subscribe to a home broadband service, with cable broadband being the most frequently used (63 percent). Younger LGBTQ+ adults are twice as likely to subscribe to a fixed wireless broadband service compared to the overall LGBTQ+ population. Among the devices used to access the internet, smartphones are the most common (93 percent), followed by laptop computers (69 percent), tablets (44 percent), and desktop computers (37 percent).

LGBTQ+ adults frequently rely on public access to the internet. LGBTQ+ community centers, libraries, and coffee shops all provide important access points outside the home. Nearly half of LGBTQ+ adults, and two thirds of transgender adults, indicate they have relied on community centers for internet access.

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6 See Report at 5; see also Public Notice ¶¶ 7, 11.
These data underscore the importance of both broadband access and support networks within the community, including through local and regional community spaces.8

Digital access is a fundamental tool for economic opportunities and personal growth. Maintaining and improving access to digital platforms is imperative for supporting the health, education, and economic stability of LGBTQ+ adults.9

- **Healthcare:** The internet provides individuals the opportunity to seek health information discreetly, access telehealth services, and find LGBTQ+-friendly healthcare providers, with 87 percent of LGBTQ+ adults indicating they search for health information online. Transgender individuals in particular use the internet to find safe environments, with 70 percent of transgender respondents indicating they use the internet to obtain LGBTQ+-friendly healthcare.10

- **Education:** Affordable and consistent broadband access unlocks beneficial personal growth. For example, more than 70 percent of LGBTQ+ adults engage in online courses or skills development and 75 percent of Latine LGBTQ+ adults use the internet to search for educational support services and in-person opportunities.11

- **Employment:** The vast majority (78 percent) of LGBTQ+ adults use the internet to search for jobs and develop and maintain a professional network. Some 70 percent of Black LGBTQ+ adults, for instance, use the internet to professionally network. The internet further offers a platform to find inclusive employers to avoid workplace discrimination.12 Access to both employment and educational resources is important because they can lead to better economic outcomes for the community: recent data show that 25 percent of LGBTQ+ Americans have an income of less than $24,000 per year, compared to 17 percent of non-LGBTQ+ Americans.13

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7 See Report at 6.

8 LGBT Tech provides individual and community grants through the PowerOn initiative, providing technology, resources for internet access and connection to vital information, research, and advocacy to both LGBTQ+ organizations and individual community members. See PowerOn, https://www.poweronlgbt.org/ (last visited May 31, 2024); see also PowerOn Impact Report 2022, LGBT TECH & SAFE PLACE INTERNATIONAL (2022), https://www.lgbtech.org/_files/ugd/d77b01_ec79802f68cb42148ebbb9439c8863e1.pdf (providing testimonials across partner centers that connect the LGBTQ+ community to a variety of essential services, including workforce, educational, housing, telehealth, and mental health services).

9 See Public Notice ¶ 25 (seeking comment on issues of diversity, equity, inclusion, and accessibility in the communications marketplace, including for people who are or have been historically underserved, marginalized, or adversely affected by inequality).

10 See Report at 7.

11 See id.


13 Beyond Binary Report at 17.
Broadband connectivity offers a vital outlet for positive connections, community building, and self-expression. LGBTQ+ adults use social media and other online platforms at a greater rate than the average U.S. user: nearly 80 percent of LGBTQ+ adults use social networking platforms (compared to 68 percent of U.S. adults overall) and 70 percent use image or video sharing platforms (compared to 47 percent overall). Online platform usage is particularly acute for transgender individuals, with three-fourths of LGBTQ+ adults and 90 percent of transgender adults say online platforms contributed to discovering their gender identity and sexual orientation. The Report further finds that the majority of LGBTQ+ adults joined social media before the age of 18, often motivated by a search for LGBTQ+ resources.

Social media and other online platforms are fundamental for building and maintaining connections. For many LGBTQ+ individuals, these platforms are where they first explore their identities, find community support, and stay informed about issues affecting their lives. At the same time, addressing and mitigating the harms of online harassment and misinformation are essential to ensure that these spaces remain safe and empowering. By supporting digital access and fostering safe online environments, LGBTQ+ individuals will be able to participate and thrive in all aspects of modern life.

* * *

LGBT Tech’s comprehensive survey highlights the critical role that the communications marketplace and broadband connectivity play in the lives of LGBTQ+ adults. LGBT Tech urges the Commission to maintain consideration of the LGBTQ+ community and other historically marginalized groups in its evaluation of the communications marketplace and the profound impact this sector can have on U.S. consumers.

Sincerely,

LGBT Technology Partnership
Carlos Gutierrez
Deputy Director & General Counsel
cgutierrez@lgbttech.org

Attachment

14 See Report at 9; see also Americans’ Social Media Use, PEW RESEARCH CENTER (Jan. 31, 2024), https://www.pewresearch.org/internet/2024/01/31/americans-social-media-use/ (comparison numbers represent platforms with the highest U.S. adult usage within each segment).
15 See Report at 12.
16 See id. at 10.
17 See id. at 12-13.
18 See id. at 14-15.
ctrl+alt+lgbt
Digital Access, Usage, and Experiences of the LGBTQ+ Community

Kirby Phares and Rob Todaro

May 2024
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Technology acts as a vital conduit for the information and services relied upon in the modern era, from entertainment and communication to basic amenities like health care, education, and government services. Affordable and consistent access to devices, service, and digital spaces has proven a prerequisite for success in many spheres of life.

However, significant disparities in these areas persist and disproportionately affect marginalized communities, including lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ+) individuals.

In the United States, LGBTQ+ individuals face enduring social, economic, and health disparities, worsened by record-breaking levels of anti-LGBTQ+ legislation across the states. They are more likely to experience poverty, housing instability, unemployment, and food insecurity. Additionally, LGBTQ+ individuals often report worse physical and mental health outcomes compared with their straight, cisgender counterparts. Discrimination remains a pervasive issue, with LGBTQ+ adults encountering consistently high rates of discrimination in the workplace, in health care settings, and in other areas of daily life. These disparities are especially pronounced among transgender individuals and people of color within the LGBTQ+ community.

The digital age has introduced new challenges, with real-world inequities and prejudices manifesting on digital platforms. Despite these, the internet, coupled with access to devices and reliable connectivity, serves as a critical tool for empowerment and resilience for LGBTQ+ adults. It provides essential access to health care, educational resources, and employment opportunities. Furthermore, the internet offers a vital outlet for positive connections, community building, and self-expression, of particular importance for marginalized groups facing systemic discrimination.

Ensuring equal access to the internet, devices, and reliable connectivity for LGBTQ+ individuals is not just a matter of convenience, but a necessity for fostering equity and inclusion. As society increasingly relies on digital platforms for critical aspects of life, bridging the digital divide for LGBTQ+ adults becomes imperative. This access supports their health, education, and economic stability, while also enabling them to connect with supportive communities and express their identities freely and safely.

To better understand the way LGBTQ+ adults access and utilize digital tools, devices, and spaces, LGBT Tech partnered with Data for Progress to conduct a survey of 1,304 LGBTQ+ adults (18 and over) nationwide. The results document how, where, and why LGBTQ+ adults access the internet and use digital and social platforms, gauge their levels of safety and openness in online spaces, and highlight a variety of both positive and negative experiences with social media.
Key Findings

An overwhelming majority of LGBTQ+ adults (96%) use the internet at least once a day, demonstrating a strong reliance on digital connectivity. LGBTQ+ adults also frequently access the internet in public spaces, such as in coffee shops, libraries, and, importantly, in LGBTQ+ community centers.

Many LGBTQ+ adults joined social media platforms before the age of 18, and their initial motivations for joining these platforms include social connections and ways to express identity. At least 77% of LGBTQ+ adults use the internet to express themselves creatively, explore new ideas and perspectives, and connect with friends and family.

Unfortunately, many LGBTQ+ adults experience harassment and misinformation online. This is particularly pronounced among transgender adults. More than half of LGBTQ+ adults report experiencing anti-LGBTQ+ hate or harassment online, with higher rates among transgender adults and younger LGBTQ+ adults aged 18-24; and three-fourths of LGBTQ+ adults have seen anti-LGBTQ+ misinformation online, highlighting the prevalence of harmful content.

A substantial majority of LGBTQ+ adults utilize the internet for various essential services, such as searching for health information online (87%), telehealth services (61%), and finding LGBTQ+-friendly health care providers (44%).

Online spaces have had a profound impact on the identity and self-expression of LGBTQ+ adults. Nearly three-quarters report that online spaces have had a significant impact on discovering or learning about their LGBTQ+ identity. This impact is even more pronounced among transgender adults (90%), younger LGBTQ+ adults ages 18-24 (87%), Latine LGBTQ+ adults (83%), and Black LGBTQ+ adults (81%).

Despite the challenges of harassment and misinformation, a majority of LGBTQ+ adults feel very safe or somewhat safe in online spaces. This sense of safety is crucial for their continued engagement and expression in these digital environments.
Inside and outside of households, LGBTQ+ adults rely on their access to the internet and devices that provide it.

Ninety-six percent of LGBTQ+ adults use the internet at least once a day, and this high frequency of usage is consistent across age groups, race/ethnicity, and gender identity. In terms of how LGBTQ+ adults access the internet, smartphones are the primary device, with 93% reporting they use a smartphone to access the internet, followed by laptop computers (69%), tablets (44%), and desktop computers (37%).

At home, the overwhelming majority of LGBTQ+ adults (89%) say their household subscribes to an internet service provider. When asked about which service they use, a majority say cable internet (63%), followed by fixed wireless (17%), and fiber, DSL, or other internet services (16%). Notably, LGBTQ+ adults ages 18-24 use fixed wireless providers at a significantly higher rate (35%) compared with LGBTQ+ adults overall (17%). Furthermore, 8% of LGBTQ+ adults, including 12% of those ages 18-24, say their household only uses data plans on mobile devices.
Outside of the home, more than one-third of LGBTQ+ adults say they use the internet “often” or “sometimes” in coffee shops (42%) and libraries (37%).

LGBTQ+ community centers also prove a resource, with 45% of LGBTQ+ adults reporting that they have relied on a center for internet access, and 22% reporting that they do so with some frequency. Adults who are younger, Black, and/or transgender report higher frequency rates for using the internet at coffee shops, libraries, and LGBTQ+ community centers, compared with LGBTQ+ adults overall. For example, 57% of LGBTQ+ adults ages 18-24, 57% of Black LGBTQ+ adults, and 48% of transgender adults say they use the internet “often” or “sometimes” in libraries, compared with 37% of LGBTQ+ adults overall. Similarly, while 22% of LGBTQ+ adults overall say they use the internet “often” or “sometimes” in LGBTQ+ community centers, the rate is double for transgender adults (44%).
The survey also asked LGBTQ+ adults whether they use the internet for several actions related to health, education, and employment — and the findings underscore just how important access to the internet and online spaces is to the LGBTQ+ community.

Regarding their health, a majority of LGBTQ+ adults use the internet to search for information about their health (87%) and to access telehealth services (61%). Forty-four percent of LGBTQ+ adults also use the internet to find LGBTQ+-friendly health care providers.

Within education, more than 70% of LGBTQ+ adults use the internet to access online courses or other skill development (73%) and e-books and digital libraries (71%), followed by 62% who use the internet to search for educational support services. This is especially true of LGBTQ+ adults who are younger and those who hold multiple marginalized identities. For example, 75% of Latine LGBTQ+ adults and 67% of Black LGBTQ+ adults use the internet to search for educational support services, compared with 57% of white LGBTQ+ adults.

Regarding employment outcomes, a majority of LGBTQ+ adults use the internet to search for jobs and applications (78%), professional skill development or certification opportunities (62%), and professional networking (60%). Forty-one percent of LGBTQ+ adults also use the internet for LGBTQ+-friendly employment opportunities.

The survey also identified key disparities in internet usage by gender identity. For instance, more than two-thirds of transgender adults use the internet to find LGBTQ+-friendly health care providers (70%) and to search for LGBTQ+-friendly employment opportunities (68%), while less than half of LGBTQ+ adults who do not identify as trans say the same about searching for health care providers (41%) and employment opportunities (38%).
LGBTQ+ Adults Use the Internet to Improve Health, Education, and Employment Outcomes

Do you use the internet or do you not use the internet for each of the following actions you may take regarding your health/education/employment?

**Health**
- Search for information about my health: 87% use the internet for this, 11% do not use the internet for this, 6% are not sure.
- Access telehealth services: 61% use the internet for this, 32% do not use the internet for this, 7% are not sure.
- Find LGBTQ+-friendly health care providers: 44% use the internet for this, 49% do not use the internet for this, 7% are not sure.

**Education**
- Access online courses or other skill development: 73% use the internet for this, 24% do not use the internet for this, 7% are not sure.
- Access e-books and digital libraries: 71% use the internet for this, 25% do not use the internet for this, 4% are not sure.
- Search for educational support services: 62% use the internet for this, 31% do not use the internet for this, 7% are not sure.

**Employment**
- Search for jobs and applications: 78% use the internet for this, 19% do not use the internet for this, 3% are not sure.
- Find professional skill development opportunities: 62% use the internet for this, 33% do not use the internet for this, 5% are not sure.
- Professional networking: 60% use the internet for this, 35% do not use the internet for this, 5% are not sure.
- Search for LGBTQ+-friendly employment opportunities: 41% use the internet for this, 50% do not use the internet for this, 9% are not sure.

April 1–4, 2024 survey of 1,304 LGBTQ+ adults nationally.

CTRL+ALT+LGBT: DIGITAL ACCESS, USAGE, AND EXPERIENCES OF THE LGBTQ+ COMMUNITY 8
Access to online platforms and social media is crucial for LGBTQ+ individuals, who continue to face significant challenges in finding resources, support, and community in physical spaces. Digital spaces can serve as a powerful tool for empowerment, enabling LGBTQ+ people to access critical information and social support, and foster a sense of belonging and visibility that combats the isolation and discrimination many LGBTQ+ individuals encounter offline. The survey asked LGBTQ+ adults a series of questions about their behaviors on these platforms, and the results underscore how equitable access to these digital platforms is essential for the well-being and resilience of the LGBTQ+ community.

LGBTQ+ adults regularly use social media across a wide range of platforms, and rely on them to find community and information. Nearly 80% of LGBTQ+ adults use social networking platforms (79%), such as Facebook, LinkedIn, or X (formerly Twitter), and video streaming platforms (78%), such as YouTube or Twitch. A majority of LGBTQ+ adults also report using image or video-sharing platforms (70%), such as Instagram, TikTok, Pinterest, or Snapchat, and messaging platforms (66%), such as Messenger, WhatsApp, or Telegram.

The survey finds apparent disparities between millennials and Generation Z, as more LGBTQ+ adults ages 18-24 report using image or video-sharing platforms (85%) like Instagram, TikTok, Pinterest, or Snapchat, than social networking platforms (69%) like Facebook, LinkedIn, or X (formerly Twitter), while the reverse is true for LGBTQ+ adults ages 25-39 (74% and 82%, respectively).
Findings from this survey underscore the importance of preserving young people’s access to online platforms as Congress and state legislatures across the country increasingly debate restrictions on access. The survey finds that a majority of LGBTQ+ adults (64%), including 79% of transgender adults, first joined digital or social platforms when they were 18 or under.

Importantly, most LGBTQ+ adults also say they first joined social media to connect with others, express and educate themselves, and find LGBTQ+ resources. LGBTQ+ adults identify the following potential uses as having been important to them when they first joined digital or social platforms:

— Connecting with friends and family (87%)
— Exploring new ideas and perspectives (80%)
— Expressing themselves creatively (77%)
— Staying updated on current events (66%)
— Meeting new people (65%)
— Accessing LGBTQ+ resources and information (55%)
— Finding support and community related to LGBTQ+ issues (54%)

When asked about current platform usage, LGBTQ+ adults report using social media for many of these same reasons, especially community and connection. A majority of LGBTQ+ adults say they use digital or social platforms “often” or “sometimes” for connecting with friends or family (88%), connecting with friends in the LGBTQ+ community (66%), and finding new LGBTQ+ friends and communities (56%).

<table>
<thead>
<tr>
<th>Activity</th>
<th>Frequently</th>
<th>Infrequently</th>
<th>Net</th>
</tr>
</thead>
<tbody>
<tr>
<td>Connecting with friends or family</td>
<td>57%</td>
<td>31%</td>
<td>8%</td>
</tr>
<tr>
<td>Connecting with friends in the LGBTQ+ community</td>
<td>30%</td>
<td>9%</td>
<td>19%</td>
</tr>
<tr>
<td>Finding new friends in the LGBTQ+ community</td>
<td>22%</td>
<td>34%</td>
<td>25%</td>
</tr>
<tr>
<td>Searching for information about sexual orientation or gender identity</td>
<td>16%</td>
<td>34%</td>
<td>26%</td>
</tr>
</tbody>
</table>

April 1–4, 2024 survey of 1,304 LGBTQ+ adults nationally
While half of LGBTQ+ adults say they use digital or social platforms “often” or “sometimes” to search for information about their sexual orientation or gender identity, this frequency rate is significantly higher among LGBTQ+ adults who are Black (59%), ages 18-24 (64%), and/or transgender (71%). LGBTQ+ adults who are younger, Black, and/or transgender also report using social media more often than LGBTQ+ adults overall to connect with LGBTQ+ friends and find new LGBTQ+ friends and community.

Transgender Adults Frequently Use Social Platforms to Find New LGBTQ+ Connections and Research Their Identity

- Connecting with friends or family: Often (52%), Sometimes (34%), Rarely (11%)
- Connecting with friends in the LGBTQ+ community: Often (50%), Sometimes (37%), Rarely (15%)
- Finding new friends in the LGBTQ+ community: Often (41%), Sometimes (37%), Rarely (22%)
- Searching for information about my sexual orientation or gender identity: Often (37%), Sometimes (34%), Rarely (22%)

April 1-4, 2024 survey of 132 transgender adults nationally
Identity and Online Expression

For LGBTQ+ adults, online spaces have had a significant impact on discovering and learning about their LGBTQ+ identity. In a world where bullying, harassment, and discrimination are the reality for many LGBTQ+ people, especially young people, online spaces can serve as a haven where they can explore and be themselves. This data highlights the tremendous impact online spaces have had on LGBTQ+ adults in terms of discovering, learning, and being open about their LGBTQ+ identities.

When asked how much of an impact, if any, online spaces had on discovering or learning about their LGBTQ+ identity, nearly 3 in 4 LGBTQ+ adults (74%), say online spaces have had “a lot” or “some” impact. This rate is even higher among LGBTQ+ adults who are transgender (90%), ages 18-24 (87%), Latine (83%), and/or Black (81%).

Online Spaces Have a Significant Impact on LGBTQ+ Adults’ Discovering Their Identity

<table>
<thead>
<tr>
<th>Identity and Online Expression</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>LGBTQ+ adults</td>
<td>35%</td>
</tr>
<tr>
<td>Race and Ethnicity</td>
<td></td>
</tr>
<tr>
<td>Black or African American</td>
<td>40%</td>
</tr>
<tr>
<td>White</td>
<td>32%</td>
</tr>
<tr>
<td>Latine</td>
<td>40%</td>
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<tr>
<td>Age</td>
<td></td>
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<tr>
<td>18-24</td>
<td>47%</td>
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<tr>
<td>25-39</td>
<td>39%</td>
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<tr>
<td>40-54</td>
<td>24%</td>
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<tr>
<td>55-64</td>
<td>15%</td>
</tr>
<tr>
<td>65+</td>
<td>14%</td>
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<tr>
<td>Transgender Identity</td>
<td></td>
</tr>
<tr>
<td>Identifies as transgender</td>
<td>55%</td>
</tr>
<tr>
<td>Does not identify as transgender</td>
<td>32%</td>
</tr>
</tbody>
</table>
Online spaces are some of the places where LGBTQ+ adults are most likely to be open about their sexual orientation and gender identity.

Sixty-nine percent of LGBTQ+ adults say they are open to “everyone” or “most” of their online community about their sexual orientation or gender identity. While more LGBTQ+ adults report being open to all or most of their friends (76%), fewer LGBTQ+ adults report being open to all or most of their family (57%), workplace (47%), and religious community (25%).

Conversely, transgender adults are the most open to their online community (82%), followed by their friends (78%), family (56%), workplace (46%), and religious community (25%).

The survey also examined LGBTQ+ adults’ digital habits and participation in LGBTQ+ trends. For example, 47% of LGBTQ+ adults, including 80% of transgender adults and 72% of LGBTQ+ adults ages 18-24, include their pronouns in their online profile or bio on digital or social platforms.
Anti-LGBTQ+ Harassment and Misinformation Online

Additionally, at least 40% of LGBTQ+ adults say they “often” or “sometimes” use the internet to search for specific LGBTQ+ trends (46%) and to participate in specific LGBTQ+ trends online (42%). In both cases, transgender adults report a significantly higher frequency rate than LGBTQ+ adults overall (67% and 58%, respectively). Unfortunately, while online spaces are a source of joy, safety, and positive connection for many LGBTQ+ adults, they can also be a source of hate, harassment, and misinformation.

LGBTQ+ adults who are transgender and/or ages 18-24 report higher rates of anti-LGBTQ+ experiences compared with LGBTQ+ adults overall. For example, 80% of transgender adults say they have experienced anti-LGBTQ+ hate or harassment online either from people they know, people they don’t know, or both. In comparison, only half of LGBTQ+ adults overall, including 48% of LGBTQ+ adults who do not identify as transgender, report the same.

More than one-third of LGBTQ+ adults (38%) say they have “often” or “sometimes” experienced anti-LGBTQ+ bullying or harassment based on their sexual orientation or gender identity online. This rate is higher among LGBTQ+ adults who are transgender (62%) and/or ages 18-24 (47%).
Half of LGBTQ+ adults — including 80% of transgender adults — say they have experienced anti-LGBTQ+ hate or harassment online, either from people they know, people they don’t know, or both. Additionally, 75% of all LGBTQ+ adults and 93% of transgender adults have seen anti-LGBTQ+ misinformation online.

While these rates of anti-LGBTQ+ experiences in online spaces are alarming, LGBTQ+ adults also face similar challenges in physical spaces. Thirty-one percent of LGBTQ+ adults, including 52% of transgender adults and 36% of LGBTQ+ adults ages 18-24, say they have “often” or “sometimes” experienced anti-LGBTQ+ bullying or harassment based on their sexual orientation or gender identity in person.
While experiences with misinformation, hate, and harassment online remain unacceptably high, a majority of LGBTQ+ adults (75%), including 67% of transgender adults and 71% of LGBTQ+ adults ages 18-24, say they feel very or somewhat safe online. This includes 29% of LGBTQ+ adults who say they feel “very safe” online.

The findings from this comprehensive survey highlight the critical role that digital access and online spaces play in the lives of LGBTQ+ adults. In the face of significant social, economic, and health disparities, including pervasive discrimination and high rates of anti-LGBTQ+ legislation, LGBTQ+ individuals rely heavily on the internet for essential services and community support.

Digital platforms provide LGBTQ+ adults with indispensable tools for accessing health care, education, and employment opportunities. They also serve as vital spaces for connection, self-expression, and community building, particularly for those who face systemic discrimination and isolation in physical spaces. This reliance on digital access underscores the necessity of ensuring equitable internet access and reliable connectivity for LGBTQ+ individuals to foster their well-being and inclusion.

However, the digital age also brings challenges, including exposure to misinformation, harassment, and hate online. These negative experiences are particularly acute for transgender individuals and younger LGBTQ+ adults. Despite this, many LGBTQ+ adults continue to find online spaces where they can safely and openly explore their identities and connect with others.

Maintaining and improving access to digital platforms is imperative for supporting the health, education, and economic stability of LGBTQ+ adults. It is also crucial for enabling them to connect with supportive communities and express their identities freely. At the same time, addressing and mitigating the harms of online harassment and misinformation is essential to ensure that these spaces remain safe and empowering.
Bridging the digital divide for LGBTQ+ adults is not merely a matter of convenience, but a fundamental aspect of promoting equity and inclusion. By supporting digital access and fostering safe online environments, we can help LGBTQ+ individuals thrive and fully participate in all aspects of modern life.

From April 1 to 4, 2024, Data for Progress conducted a survey of 1,304 LGBTQ+ adults nationally using web panel respondents. Respondents were defined as LGBTQ+ if they identified as LGBTQ+, transgender, a sexual orientation other than straight or heterosexual, or a gender identity other than male or female. The sample was weighted to be representative of the adult LGBTQ+ community by age, gender, education, race, and income. This sample is also weighted to account for an oversample of transgender adults to ensure proportional representation of the LGBTQ+ adult population. The survey was conducted in English.

Estimates of the proportion of the national LGBTQ+ adult population come from cycles 62-65 of the U.S. Census Bureau’s Household Pulse Survey (HPS), collected between September 20, 2023 and March 4, 2024.